



March 2012 Newsletter  
Dr. Armitry Simon & Dr. Tara Brodtkin

 **What is NovaSure Endometrial Ablation?**

NovaSure® is a quick, safe, and simple procedure to lighten or stop your periods, without the side effects of hormones or the risks of hysterectomy. NovaSure® is an endometrial ablation procedure that works by removing the endometrium, or the lining of the uterus (the part that causes the bleeding), with a quick delivery of radiofrequency energy.

- It's Safe: No pills. No hormonal side effects.
- It's Effective: For 90% of women, menstrual bleeding is dramatically reduced or stopped.
- It's Quick: NovaSure is a one-time, five-minute procedure that can be done in our office, usually for the cost of a copay.

Dr. Simon and Dr. Brodtkin can discuss with you the benefits and possible risks of the procedure, and help you decide if NovaSure Endometrial Ablation is right for your specific personal and medical needs.

 **Group B Streptococcus (GBS)**

GBS is the most common cause of life-threatening infections in newborns. In pregnant women, GBS can cause bladder infections, womb infections, and stillbirth. Many people carry GBS in their bodies, but do not become ill. It is believed that one of every four or five pregnant women carries GBS in the rectum or vagina.

GBS can be detected during pregnancy by taking a swab of the vaginal and rectal area around 35-37 weeks gestations. Cultures collected earlier do not accurately predict whether a mother will have GBS at delivery. If the culture shows the presence of GBS the mother will be given antibiotics at the time of labor or membrane rupture to reduce the risk of the baby having GBS illness

Fortunately, only one of every 100 to 200 babies of these women will develop signs and symptoms of GBS. Sepsis, pneumonia, and meningitis are the most common problems. If antibiotics are given in labor, there is a 1 in 4000 chance of delivering a baby with GBS disease. Vaccines are currently being developed to prevent GBS disease. In the future, women may be able to be vaccinated to protect the baby during birth and early infancy.

***Latisse***

Buy one Latisse at regular price and get \$25.00 off each additional one purchased! **Limited supply** so call today 480-860-2322.